



# BOARD OF EDUCATION

## SCHOOL DISTRICT No. 23

(CENTRAL OKANAGAN)

1940 Underhill Street, Kelowna, B.C. V1X 5X7

Tel. (250) 860-8888 Fax (250) 860-9799

Website: [www.sd23.bc.ca](http://www.sd23.bc.ca)

"Together We Learn."

January 10, 2008

CITY OF KELOWNA

Original to: Communications

Copied: Mayor

City Manager

Councillors

File Number: 0490-20

Initials: Jy Date: Jan 10/08

Mayor Sharon Shepherd  
City of Kelowna  
1435 Water Street  
Kelowna, B.C. V1Y 1J4

ADMINISTRATION  
DEPARTMENT

Dear Mayor Shepherd:

Re: **School District No. 23 Employee Wellness Committee  
Kick Start Steps Out Pedometer Challenge  
February 1, 2008 through March 14, 2008**

Exciting things are happening to support Employee Wellness in School District No. 23. The Employee Wellness Committee is a sub-committee of the District Health Promoting Schools Committee.

At the December 12, 2007 Public Meeting of the Board of Education, the following Motion was passed:

THAT: Trustees participate in the Employee Wellness Committee Kick Start Steps Out Pedometer Challenge commencing February 1, 2008 through to March 14, 2008;

AND FURTHER THAT: The Board issue a challenge to the Directors of the Regional District of Central Okanagan and all Mayors and Councils in the School District No. 23 area.

Accordingly, the Central Okanagan Board of Education hereby issues a challenge to the Mayor and Council to participate in the Kick Start Steps Out Pedometer Challenge. Registration will include a free pedometer, access to online tracking website, eligibility to win prizes, and a fun competition.

For further information, or to register, please contact:

Janelle Zebedee  
Health Promoting Schools Coordinator  
School District No. 23  
1940 Underhill Street  
Kelowna, B.C. V1X 5X7  
Telephone: (250) 860-8888  
Email: [jzebedee@sd23.bc.ca](mailto:jzebedee@sd23.bc.ca)

The competition commences February 1, 2008. Please accept this challenge, get on your walking shoes and sign up.

Yours sincerely,

*Moyra Baxter*

Moyra Baxter  
Board Chairperson

pc: Trustees, School District No. 23 (Central Okanagan)

Board of Education – Trustees  
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